

Get the amounts
you're entitled to.
A volunteer can help!



INCOME TAX
ASSISTANCE

VOLUNTEER
PROGRAM
SINCE 1988

You may be entitled to income tax refunds or other payments.

See the table below for amounts you may be entitled to if you file your income tax return.

	Refunds and amounts (per year)	Single parent	Single person with no income	Single person (65 and over)	
Federal amounts	GST/HST credit (paid quarterly)	\$290	\$290	\$290	
		\$153 per eligible child			
	Canada child benefit (paid monthly)	\$6,639 per eligible child 5 and under			
		\$5,602 per eligible child 6 to 17 years old			
	Child disability benefit (paid monthly)	\$2,832 per eligible child			
	Canada workers benefit	\$2,335 for families (based on income)	\$1,355 (based on income)		
	Guaranteed income supplement (paid monthly)			\$10,887	
Allowance for the Survivor (paid monthly)			\$16,500		
Québec amounts	Solidarity tax credit	\$292	\$292	\$292	
	Work premium	\$2,496			
	Tax credit for childcare expenses	\$7,245 per eligible child			
	Tax credit for home-support services for seniors			\$6,825	
	Senior assistance tax credit			\$203	
	Independent living tax credit for seniors			20% of expenses incurred	
	Grant for seniors to offset a municipal tax increase			\$500	
	Shelter allowance (paid monthly)			\$960	

Each amount shown above is the maximum you could receive, except for the solidarity tax credit and the GST/HST credit amounts, which are basic amounts. These amounts were calculated in November 2019 and may vary based on your situation and the indexation of the cost of living. Contact the Canada Revenue Agency or Revenu Québec for more information.

Have a volunteer help you complete your income tax returns like thousands of other people in Québec. It's free and you may be entitled to the above amounts!

Call us to learn where income tax return preparation sessions are being held:

Canada Revenue Agency: 1 800 959-7383

Revenu Québec: 1 800 267-6299



Canada Revenue
Agency

Agence du revenu
du Canada

REVENU
QUÉBEC

